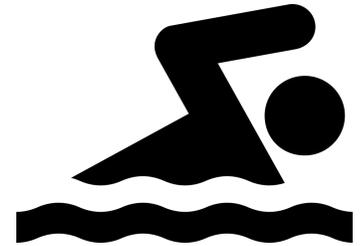
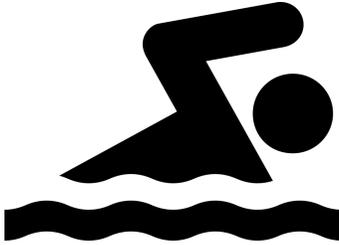
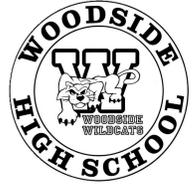


# Woodside High School

## Athlete of the Week

### September 28, 2020



Evie Satero

The Athlete of the Week is Evie Satero. Evie is a junior swimmer on the WHS swim team. She competes in the fifty fly and second leg in the 200 IM relay. She also competes in the 100 free, 200 IM, and various other relays. Along with swimming, Evie has played volleyball, and has been a member of the WHS cheer team. Evie says she loves swimming, her teammates and the intensity of the sport. She also loves the “positive and uplifting” atmosphere that the team has during both practices and meets. Evie balances academics and athletics by making sure she gets all her homework done early in the day and doesn’t procrastinate. Swim coach Stephanie Couch says, “Evie comes with a leadership attitude. She leads her side of the pool watching intervals and keeping everyone going. She even encourages them by saying ‘Let’s go!!’” Of the “8 Conditions,” Evie believes swim embodies **Sense of Accomplishment** because her and her teammates work incredibly hard in order to do well. She says “Winning a race or beating one of your personal records is truly the greatest **Sense of Accomplishment** a swimmer can feel.”

**Woodside Athletic Department**  
*Study hard, practice hard, play hard!*